

Smoking Cessation Programs



Please contact your health plan directly for eligibility verification and coverage details.

Health Plan	Plan Coverage	Contact Information
Aetna EAP	<ul style="list-style-type: none"> • Eight (8) confidential counseling services offered 24/7. • “Quit Smoking” articles, videos, a handbook and resource links to organizations that can assist in smoking cessation. 	Phone: 800-342-8111 www.mylifevalues.com (Login: sdsu, Password: eap)
BlueShield Access+ BlueShield Net Value	<ul style="list-style-type: none"> • Members who participate and complete a smoking cessation class or program will be reimbursed up to \$100 per class or program per calendar year. • Members may contact their medical group for information about these classes and programs. • Prescription smoking cessation drugs are covered for members as defined under the prescription drug benefit. 	Phone: 800-334-5847 www.blueshieldca.com/sites/calpersmembers/home.sp
Kaiser Permanente	<ul style="list-style-type: none"> • No charge for individual counseling during an office visit related to smoking cessation. 	Phone: 800-464-4000 http://my.kaiserpermanente.org/ca/calpers/
HealthNet Salud y Mas	<ul style="list-style-type: none"> • Counseling included as part of preventative care services. • Smoking cessation drugs: SIMNSA-\$5; Salud Network - Not covered. 	Phone: 888-926-4921 www.healthnet.com/portal/member/content/iwc/mysites/calpers/home.action
Health Net SmartCare	<ul style="list-style-type: none"> • Counseling included as part of preventative care services. 	Phone: 888—926-4921 www.healthnet.com/portal/member/content/iwc/mysites/calpers/home.action
PersCare PersChoice PersSelect	<ul style="list-style-type: none"> • Members who participate and complete a smoking cessation class or program will be reimbursed up to \$100 per class or program per calendar year for behavior modifying smoking cessation counseling or classes or alternative treatments, such as acupuncture or biofeedback, for the treatment of nicotine dependency or tobacco use when not covered under benefits stated elsewhere in the Evidence of Coverage. • Not subject to the calendar year deductible and does not apply toward the maximum calendar year copayment and coinsurance responsibility. 	Phone: 877-737-7776 www.anthem.com/ca/calpers
Sharp Performance Plus	<ul style="list-style-type: none"> • Members who participate and complete a smoking cessation class or program will be reimbursed up to \$100 per class or program per calendar year. For more information about these classes and programs, please contact Customer Care. 	Phone: 855-995-5004 www.sharphealthplan.com/index.php/calpers/
PORAC	<ul style="list-style-type: none"> • No Co-Pay except any amount in excess of the Maximum Allowed Amount. • Not subject to the Calendar Year Deductible and applies toward the Out-of-Pocket Expense Amount. • Benefits are provided for covered charges incurred for approved behavior modifying smoking cessation programs. Behavior modification does not consist of hypnosis, shock therapy, acupressure, acupuncture or other similar methods to alter behavior. 	Phone: 877-542-0284 http://porac.org/insurance-and-benefits/prudent-buyer-plan/